

## Laser Suite

# Laser treatment for hair removal / reduction

## Information for Parents and Carers

### Introduction

The factsheet is aimed at providing you with information, advice and guidance following laser treatment for hair removal. The laser your child has been treated with is called the Gentle Yag.

### Immediately after laser treatment

Following laser treatment it is normal that the area treated may be hot and red for several hours. If any soreness is experienced, give your child a dose of Paracetamol. Please follow the dosage instructions on the bottle or packet.

Your child should not have a hot shower or bath for the 24 hours following laser treatment.

### The day after treatment

If the skin is not broken or blistered, a UVA, UVB sun cream with a Factor 50 (5 stars) or preferably a sun block must be applied 20 minutes before going out. The sun cream must be applied every day whilst your child is having laser treatment. This must be applied regularly throughout the day according to manufacturer's instructions.

### The next few days

Wash your child's skin as usual and pat their skin to dry it in the first few days.

Providing there are no complications your child can resume swimming two to three days after laser treatment.

### Further Treatment

Depending upon the areas that require treatment this is usually provided every four to eight weeks.

Treatment will not be carried out two weeks before your child is due to go on holiday or two weeks after their holiday. The reason for this is that sun exposure will greatly increase the chances of complications

If your child develops hyperpigmentation (brown colouring) to the skin or hypopigmentation (paler colour to the skin) treatment will be delayed or stopped.

### Possible complications:

- Hyperpigmentation or hypopigmentation (see above). This can occur if the treated skin has been exposed to the sun or it can be a complication of laser treatment. Both conditions usually settle with time.
- You will be told if your child has an increased risk due to their skin type.

- Blistering - this is unusual and should settle.
- Be careful when washing and drying skin. Do not rub skin. If this happens and you are worried contact us. (See contact numbers below).
- Scarring – This is a very rare occurrence.

### If you have any concerns or need further information

Please contact      **Laser Department;**                      0151 252 5402  
(8.00 am to 4.30pm, Monday to Friday)  
Leave a message and we will return you call within 24 hours.

**Day Case Surgical Ward**                      0151 252 5480  
(7.00 am to 7.00pm ,Monday to Friday)

**Critical Care (previously M2**                      0151 252 5400  
(All other times)

This fact sheet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this fact sheet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

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