



We are an integrated Service who see Children and Young people with Learning Disability as part of Specialist CAMHS .

Our multi-disciplinary teams offer comprehensive assessment, consultation and treatment for psychological, emotional, behavioural and mental health difficulties

Referral details:

Child and Adolescent Mental Health Service

Single Point of Access & Primary Mental Health

Catkin Building
Alder Hey Retained Estates
Liverpool
L12 2AP

Phone: 0151 2933662

Fax: 0151 293 3698

Email: camhs.referrals@alderhey.nhs.uk

**Child and Adolescent
Mental Health Services
for
Children and Young
People with Learning
Disability**

**(Integrated with Specialist
CAMHS)**

**Information for
Referrers**



Who we are:

We are a comprehensive CAMH service with expertise around working with children and adolescents with Learning Disabilities consisting of:

Specialist LD Nurses, CAMHS Specialist practitioners, Clinical Psychologists, Psychotherapists, Family therapists and Psychiatrists.



We liaise with other agencies to offer comprehensive therapeutic, psychological, emotional, behavioural assessment and treatment.

What do we do:

We work with children and young people with learning disabilities aged 0-18 years and their parents or carers.



We provide support when children and young people may be behaving in a way that is difficult to manage or when there may be worries about their mental health.

We assess:

Mood and Behaviors
Mental health difficulties in young people with Learning Disability

What we offer:

We offer therapeutic strategies involving environment, family work, psycho-education and medication, specialist advice and support with sleep difficulties, feeding / eating problems, challenging behaviours, self injury, parenting work around adaptation / coping and understanding their child's behaviours.

Who should be referred?

Children with Learning Disability up to 18 years who are experiencing emotional and/or behavioural difficulties.

How to refer:

Referrals can be made by completing and sending a referral form to the Single Point of Access Team (SPA) based in Catkin Building, Alder Hey Hospital



Alder Hey Children's NHS Foundation Trust
Alder Hey
Eaton Road
Liverpool
L12 2AP

Tel: 0151 228 4811
www.alderhey.nhs.uk

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