



Audiology Department

Tips on getting young infants to wear hearing aids

Information for patients, parents and carers

This information leaflet will give you some tips and advice on getting your young child to wear their hearing aids, as it can be tricky at times!

- Keep as calm as possible.
- Remain positive about the experience so your child doesn't pick up any negative feelings.
- Try to reduce background noise when putting the aids in so that it doesn't startle them when the aids come on.
- Try and distract your child, for example, with a favourite toy, while you are putting the hearing aid (s) in.
- Consider putting the aids in just before they wake up, keeping the room quiet.
- Try and make putting the aids in part of their daily routine, like getting dressed.
- Warm up the earmould a little in your hand before inserting it. Vaseline on the earmould may also help it go in easily.
- If your attempt is not successful, take a break and allow them to do something else, then try again when they are distracted or you are both relaxed.
- It can help to keep a diary record of all the times that they have kept the aids in—you may be surprised that they are wearing them more than you think—every little helps!
- Encourage your child as much as possible and give them lots of positive reward and praise when they are wearing the aids.
- Have a listen to the aids yourself regularly so that you know they are working properly.
- Monitor their behaviour and reactions when the aids are in - if they show signs of discomfort or dislike of loud sounds, contact the Audiology department.

If you would like any more information, advice, or have any questions or comments please contact the Audiology Team on:

Tel: 0151 252 5933

E-mail: audiolgymail@alderhey.nhs.uk

Fax: 0151 252 5417

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

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