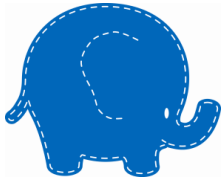


Liverpool Children's Physiotherapy Service

Children with Balance and Coordination Difficulties

Information for Parents & Carers



Who Are We?

A team of physiotherapy staff specialised in treating children who have problems with balance and coordination.

Which children do we see?

Children who find any of the following difficult...

- Activities such as hopping, jumping and running
- Throwing and catching a ball
- Riding a bike
- Keeping still (they may fidget a lot)
- Getting dressed.

Children who bump into things or drop objects more frequently than others of the same age.

Children who fall frequently.

Children about whom the terms DCD (Developmental Coordination Disorder) or Dyspraxia may have already been used.

Where Do We Work?

We work across Liverpool in various locations depending on your child's needs including:-

- Primary and Secondary schools
- Local physiotherapy base
- Home

What Do We Do?

- Provide assessment of your child's needs
- Provide advice to parents, carers and other relevant professionals
- Refer onto other services
- Provision of physiotherapy treatment programmes for home/school
- Joint clinics with community paediatricians
- Provision of individual or group treatment
- Joint working with other professionals using Team Around the Child (TAC) approach.



How Do You Access The Service?

Your child can be referred by anyone including parents/carers and other professionals either by phone, using the referral form on the website or by letter.

For the benefit of your child our team works with all referrers.

What can you do?

- Keep us up to date with your current contact details e.g. phone number, address
- Make sure you attend appointments. If unable to attend please could you let us know as soon as possible.
- Continue with home programme/advice given.

Contact Details

For further information including referral forms contact
Liverpool Community Physiotherapy on: 0151 438 2090

E-mail: CommPhysioAdmin@alderhey.nhs.uk

Visit our web page at www.alderhey.nhs.uk/departments/physiotherapy-community-liverpool

www.alderhey.com

External links

www.fsd.liverpool.gov.uk

www.babylink.info/liverpool/NeonatalUnit/Welcome1.aspx

www.liverpool.gov.uk

www.liverpoolcommunityhealth.nhs.uk

www.everychildmatters.gov.uk



This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment. This leaflet can be made available in other languages or formats if requested. **Please note:** Alder Hey Children's NHS Foundation Trust is neither liable for the contents of any external internet site listed, nor does it endorse any commercial product or service mentioned or advised on any of the sites.

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