



# Burns Unit

## Mepiform

Information for patients and carers

This fact sheet outlines some of the things you need to know if you/your child has been issued with Mepiform. Mepiform is a thin silicone sheet. Silicone treatment has been proven to improve the appearance of red and lumpy scars. Your treatment will be reviewed 3 monthly.

## How do I use Mepiform?

- Make sure the scar area is clean and completely dry before applying Mepiform
- Cut Mepiform 2 cm or ½ inch bigger than the scar area
- Avoid stretching Mepiform when applying on joints, for example: elbows, wrists, knees
- Mepiform should be worn at all times, day and night, except when there is a need to wash and dry the scar area
- Remove Mepiform when taking a bath or when swimming. Replace the Mepiform on its plastic sheet and re-use when the scar area is completely dry
- Use Mepiform for 5-7 days then throw away the old piece. Use a new piece of Mepiform on the scar area
- If any rash or redness appears on the skin stop the treatment and contact the Burns Unit

## For further Information

You can contact the Burns Unit who can inform you G.P. to order supplies.

### Who to contact for further details

Burns Unit Tel: 0151 252 5400

*This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.*

*This information can be made available in other languages and formats if requested.*

East Prescott Road  
Liverpool  
L14 5AB  
Tel: 0151 228 4811  
[www.alderhey.nhs.uk](http://www.alderhey.nhs.uk)

