



Inherited Bleeding Disorders (IBD) Team

## Moving away to study

Information for Young People

### Introduction

This leaflet aims to provide you with general information about studying away from home. If you are ever worried about your condition please contact your IBD Team or go straight to the Accident and Emergency Department.

### I am moving away to study what should I do?

Many people choose to move away to study. Exciting times ahead!

As well as registering at Uni, remember you need to register with a GP. You have a bleeding disorder so need to make registering with a GP a priority.



### Before you go

We need to know where you are going so that we can transfer your care to the Haemophilia Centre closest to your new home. We will give you the contact information for the centre so you can get in touch with them with any concerns or problems related to your bleeding disorder. The Haemophilia Centre should contact you once they have received our referral. (If we don't have your Uni address, the letter will be sent to your home / holiday time address)

### How do I find a GP?

There will be information available about local GPs during Freshers' week. But you could look online to find one close to where you will be living.

<https://www.nhs.uk/>

Scroll down the page > click on Find a GP link > Enter your new postcode > list of GP practices close to your accommodation will be displayed

The site shows

- the service each practice is able to offer, so you can choose a practice that is suitable to you.
- the phone number; you can call before you register to ensure they can accept you and book an appointment with them

### Top Tip

If you inject prophylaxis, think..... !

Is it best to have prophylaxis before your night on the town? Or when you get in, bleary eyed, tired, sore and very ready for bed?

## I have a problem with my bleeding disorder what do I do?

If it is in hours, usually 9-5 Monday to Friday, we would recommend contacting the Haemophilia Centre using the contact information we gave you.

If you have misplaced the contact information, check this website: <http://www.ukhcdco.org/>  
Click on link to Haemophilia Centre Contact List>list of all UK haemophilia centres is displayed  
Find the details of your centre and ring them.

If your problem is urgent you should attend your local hospital via ambulance informing them of your bleeding disorder and, if possible, take some treatment with you.

### Links

The Haemophilia Society website <https://haemophilia.org.uk/>

Alder Hey Children's NHS Foundation Trust <https://alderhey.nhs.uk/>

### Contact Information

Haematology Nurses: 8.30am-5.00pm 0151 252 5070 with answer machine. Queries will be reviewed by the end of the next working day.

Nicki Mackett: 07584 234 526 [nicki.mackett@nhs.net](mailto:nicki.mackett@nhs.net)

Catherine Benfield: 07876 132 163 [catherine.benfield@nhs.net](mailto:catherine.benfield@nhs.net)

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

Alder Hey Children's NHS Foundation Trust  
Alder Hey  
Eaton Road  
Liverpool  
L12 2AP

Tel: 0151 228 4811  
[www.alderhey.nhs.uk](http://www.alderhey.nhs.uk)

