

Contacts

If you need further information or help, contact:

Alder Hey Physiotherapists:

Pam McCormack, Alison Pitman or Adam Walsh

Phone: 0151 252 5862 or

0151 228 4811 & Bleep 182

I-neb patient support helpline:

0870 7703460



- ⇒ Replacement or lost disc
- ⇒ Broken I-neb
- ⇒ Replacement parts

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This leaflet is a draft and we would welcome any comments or changes you feel would improve the information.

This information can be made available in other languages and formats if requested.

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Department of Physiotherapy

Bramitob/Tobi



Using I-neb

*Information for patients,
parents and carers*

Bramitob / Tobi (tobramycin) used with the I-neb nebuliser

The information in this fact sheet is aimed at people who already know about Cystic Fibrosis and are familiar with medical terminology and drug names.

Bramitob / Tobi is an antibiotic and is given as an inhalation to treat a bacterial infection called *Pseudomonas aeruginosa*.

Bramitob / Tobi is used with a nebulizer called an I-neb.



Bramitob (available in a 4ml vial) & Tobi (available in a 5ml vial) is breathed (inhaled) into the lungs so that more of the antibiotic can target the bacteria causing the infection.



The purple clip chamber should be used with the I-neb when taking Bramitob / Tobi.



Wash hands before separating single dose vial from pack of Bramitob / Tobi.

Open the single dose container by rotating the flap as indicated by the arrow. This should only be opened just before use.



Pour the solution into the nebuliser using the white funnel provided to guide you until the central chamber is full. Any unused solution should be discarded. Inhale immediately.



Replace the mesh and lid then the mouthpiece. Seal your lips around the mouthpiece. Breathe in and out slowly and deeply through your mouth. Do not breathe through your nose. Complete treatment until buzzer sounds and smiley face appears.

5.



Wash mouthpiece, mesh and chamber after **every** treatment in detergent using the cleaning basket provided. Boil once a week in a pan water for 10 minutes.

Storage of medication

Store in a refrigerator (2-8 °C).

Store in the original package in order to protect from light.

Dose

The dose is one vial Bramitob / Tobi solution **twice daily** using the **purple clip** chamber on the I-neb as prescribed by your doctor.

Take treatment for 28 days (the whole box).

Timing of Treatment

Take your Bramitob / Tobi **after** physiotherapy so that your lungs are clear and the drug can work effectively.