

# Who Should Wear a Cloth Face Covering?

**Wearing a cloth-face covering is one way to help limit the spread of COVID-19.**

## Who can wear a cloth face covering?

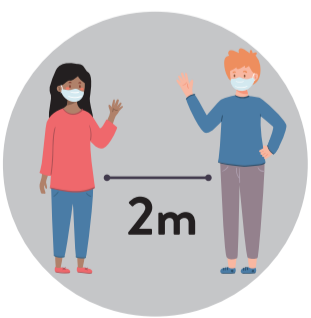
- ✓ Young children over 3 years old.
- ✓ People who do not have respiratory symptoms.
- ✓ Anyone who cannot keep a safe social distance of 2m.
- ✓ All hospital visitors and outpatients who are walking through a crowded public area e.g. the Atrium.

## Who should not wear a cloth face covering?

- ✗ Young children less than 3 years old.
- ✗ Anyone with breathing or developmental problems.
- ✗ An unconscious person should not wear a face covering.
- ✗ Anyone who experiences discomfort/stress while wearing a face mask.
- ✗ Anyone unable to remove their mask without assistance.

Cloth face coverings are not a replacement for medical face masks and should not be worn when treating patients.

**Remember face coverings are only effective if used alongside other safety measures:**



Social distancing



Regular handwashing



Avoiding touching the face



Respiratory hygiene



Cleaning surfaces