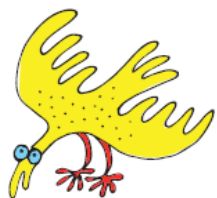


## Raising Concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS).

T: 0151 252 5161 (PALS)

E: [PALS@alderhey.nhs.uk](mailto:PALS@alderhey.nhs.uk)



## Contact Us

Community Physiotherapy Service  
Alder Hey Children's NHS Foundation Trust  
**1<sup>st</sup> Floor**  
**Kilby House**  
**Liverpool Innovation Park**  
**L7 9NJ**

Tel: 0151 438 2090  
[www.alderhey.nhs.uk](http://www.alderhey.nhs.uk)

## Language and Accessible Support

This information can be made available in other languages and formats if requested.

**The Picture Communication Symbols**  
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This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

Alder Hey Children's NHS Foundation Trust  
Eaton Road  
Liverpool  
L12 2AP

Tel: 0151 228 4811

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**Review Date: January 2022**

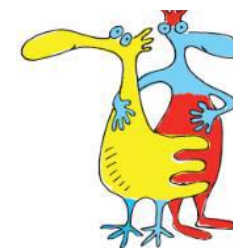
**PIAG: 252**



Alder Hey Children's  
NHS Foundation Trust

**Liverpool Community  
Physiotherapy Service**

**My First Community  
Physiotherapy  
Appointment**



**Information for Children  
& Young People with Alternative  
Communication**





Hello.



We are physiotherapists



in the community.



We might see you in your school



or your home or in the community.



Your parent or guardian will be with you.

We might ask you:



- Questions about you



- If you need help to move?



- If you are in pain?

We might ask you to:



• play or sit or stand or run, if you can



• take off your t-shirt or your shoes



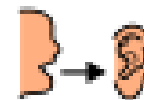
• move your arms or legs, if you can



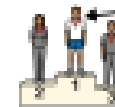
**We promise to:**



1. ...Tell you what we are doing



2. ...Listen to you



3. ...Do our best to help you