



**Alder Hey Children's**  
NHS Foundation Trust

# **Alder Hey Autism Spectrum Disorder Pathway**

**Advisory Session Information Booklet**





## What happens now my child is on the ASD Pathway?

**It is important to remember that just because your child is on the ASD Pathway, they child will not automatically receive a diagnosis of ASD after their assessment.**

The ASD Team needs to get information from different sources. This may take time but is an important part of being able to come to a decision about whether your child has ASD or not.

Based on your child's needs, the ASD assessment may include one or more of the following:

- A neurodevelopmental history. This is a conversation about you, your family and the history of your child's development so far.
- A Developmental Paediatrician assessment
- A Speech and Language Therapy assessment
- A Clinical Psychology assessment
- A joint assessment with your child and two members of our team
- A school observation
- A school questionnaire
- The Autism Diagnostic Observation Schedule (ADOS) assessment

Once all the assessments your child needs are done & a decision about your child is made, the team will let you know in a feedback session.

After your feedback you will get a report of the assessment & the outcome. Then you and your child will be discharged from the ASD Pathway.





## What can I do to help myself manage my child's challenges whilst they are in the process of getting assessed?

This booklet outlines local & national services that you may find helpful.

### Local Offers

A Local Offer shows what is available in your area.

- Liverpool's Local Offer: [www.liverpool.gov.uk/localoffer/SEND](http://www.liverpool.gov.uk/localoffer/SEND)
- Sefton's Local Offer: [www.seftondirectory.com/localoffer](http://www.seftondirectory.com/localoffer)

### Liverpool Services

#### The Liverpool Autism Training Team

Free training on ASD for parents of children with & without a diagnosis. Contact the team to find out which training is best for you. They also run free drop-in sessions at Children's Centre's throughout Liverpool.

Tel: Tracey Williamson on 0151 233 5946

Email: [asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)



## Liverpool Parent and Carers Forum (LivPaC)

LivPaC is a group of parents, carers of children and young people with special additional needs and/or disabilities (SEND). They give parents and carers a voice. They use their experience and feedback from families to help others plan and make services. All parents & carers can go to LivPaC coffee mornings to meet other parents and share experiences.

E-mail: [livpac@hotmail.co.uk](mailto:livpac@hotmail.co.uk)

Web: [www.livpac.org.uk](http://www.livpac.org.uk)

## SEND IASS

SEND IASS services provide free & confidential, impartial advice & support to children/young people 0 – 25yrs, with special educational needs and/or disabilities (SEND), and their parents/carers. Liverpool and Knowsley SEND IASS is a combined service for people in Liverpool and Knowsley.

Topics covered include: Advice and Support relating to School Admissions & Appeals, Education, Health and Care plans (EHCP), Tribunals, Disability Discrimination, SEN Support, Transport, Exclusions and Post-16 work.

Tel: 0800 012 9066

E-mail: [liverpoolandknowsleysend@wired.me.uk](mailto:liverpoolandknowsleysend@wired.me.uk)

Web: [www.liverpoolandknowsleysend.com](http://www.liverpoolandknowsleysend.com)



## Liverpool Parents' Interest Group

The group is for Parents, Grandparents & Carers of children with ASD, ADHD & related conditions. They meet once a month and all are welcome. They sometimes they ask professionals to do talks.

Contact: Babbs Blueet-Duncan

Email: [babs.bd100@gmail.com](mailto:babs.bd100@gmail.com)

## Young Person's Advisory Service (YPAS)

YPAS support the mental health and emotional wellbeing of children & young people aged between 5 – 25 years & their families. They provide support and therapeutic services such a counselling, psychotherapy & family work.

Tel: 0151 707 1025

Email: [support@ypas.org.uk](mailto:support@ypas.org.uk)

Web: [www.ypas.org.uk](http://www.ypas.org.uk)

## Fusion Project

Fusion Project helps children & parents/ carers access a variety of 'breaks' such as leisure & play breaks, friendship groups & holiday breaks.

Tel: 0151 233 3620

E-mail: [fusion.project@liverpool.gov.uk](mailto:fusion.project@liverpool.gov.uk)



## Sefton Services

### **Sefton Carers Centre**

If you care for someone under 18 years old who has a physical disability, learning disability or emotional/behavioural condition (diagnosed or undiagnosed) then Sefton carers provide a variety of parent advice and support.

Tel: 0151 288 6060

Web: [www.sefton-carers.org.uk](http://www.sefton-carers.org.uk)

### **Sefton Parent Carer Forum**

A community of families who have children with disabilities or additional needs. They offer support to each other and work with service providers to create quality services that meet the needs of all parent carers & their children.

Web: [www.seftonpcf.org](http://www.seftonpcf.org)

Email: [info@seftonpcf.org](mailto:info@seftonpcf.org)

### **Jakes Sensory World & Garden**

Held at Netherton Activity Centre, this is a place for children to access soft play, stay & play and sensory experiences. They also help organise birthday parties.

Tel: 0151 525 5106

Web: [www.sefton.gov.uk](http://www.sefton.gov.uk)



## Aiming High

This group provide sessions during term-time and holidays for young people with needs. They give support when young people reach key 'transition points', such as moving from school into work.

Email: [aiminghigh@sefton.gov.uk](mailto:aiminghigh@sefton.gov.uk)

Web: <https://www.sefton.gov.uk/aiminghigh>

## Autism & Social Communication Team

A team run within the Sefton Inclusion Service. Provides support, advice & coffee mornings as well as the chance to talk about issues with a professional involved in the area of social communication difficulties.

Email: [socialcom@sefton.gov.uk](mailto:socialcom@sefton.gov.uk)

Tel: 0151 934 2347

## Sefton Council for Voluntary Service (CVS)

A charity that provides a project called 'Buddy Up'. This is a mentoring & befriending project for young people aged between 13 and 18 who have additional needs & are at risk of social isolation.

Tel: 0151 920 0726

Web: [www.seftoncv.org.uk](http://www.seftoncv.org.uk)



## **SEND IASS**

SEND IASS services provide free and confidential, impartial advice & support to children/young people 0 – 25yrs, with special educational needs and/or disabilities (SEND), and their parents/carers.

Tel: 0151 943 3334

E-mail: [seftonsendiass@sefton.gov.uk](mailto:seftonsendiass@sefton.gov.uk)

## **Parenting 2000**

They provide information about a range of topics, therapeutic services & counselling to children, young people, families, adults & groups. They run Alchemy Youth Club for young people to meet friends and increase their confidence.

Tel: 0151 920 7137 / 0151 932 1163 (Crosby) & 01704 380047 Southport

Web: [www.parenting2000.org.uk](http://www.parenting2000.org.uk)

## **Liverpool & Sefton Services**

## **ADDvanced Solutions Community Network**

They offer training, support & social activities for families with children with neurodevelopmental difficulties.

Tel: 0151 486 1788

Email: [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)

Web: [www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk)





## The Isabella Trust

They provide information, support & training to parents of autistic children and children with sensory processing difficulties.

Tel: 07956 749 774

Email: [info@theisabellatrust.org](mailto:info@theisabellatrust.org)

Web: [www.theisabellatrust.org](http://www.theisabellatrust.org)

## FRESH CAMHS

Alder Hey FRESH CAMHS is part of the Liverpool CAMHS Partnership. They offer specialist services to support children and young people in Liverpool & Sefton (up to the age of 18) who are experiencing mental health difficulties.

Tel: 0151 293 3662

Email: [camhs.referrals@alderhey.nhs.uk](mailto:camhs.referrals@alderhey.nhs.uk)

Web: [www.freshcamhs.org](http://www.freshcamhs.org)

## Merseyside Youth Association (MYA)

Merseyside Youth Association (MYA) provides support services to children & young people. They have different creative & educational projects for children & young people.

Tel: 0151 702 0700

Web: [www.mya.org.uk](http://www.mya.org.uk)



## National services support – information and contact details

### The National Autistic Society (NAS)

The National Autistic Society has lots of information about ASD. It can be used by young people, families and schools. They also offer access to training.

Tel: 0808 800 4104  
Email: [nas@nas.org.uk](mailto:nas@nas.org.uk)  
Web: [www.autism.org.uk](http://www.autism.org.uk)

### Cerebra

They know how hard it can be to get a good night's sleep. They have online sleep guides and a sleep advice service.

Tel: 0800 328 1159  
Email: [enquiries@cerebra.org.uk](mailto:enquiries@cerebra.org.uk)  
Web: [www.cerebra.org.uk](http://www.cerebra.org.uk)

### Bladder & Bowel UK

The Bladder & Bowel UK website has a range of resource leaflets you can download for free in relation to toilet training. They have articles and resources about ASD & toilet training too.

Tel: 0161 607 8219  
Web: [www.bbuk.org.uk](http://www.bbuk.org.uk)  
Email: [bbuk@disabledliving.co.uk](mailto:bbuk@disabledliving.co.uk)



## Newlife

A charity that helps families to get equipment they may need to improve their child's quality of life.

Tel: 01543 462 777

Web: [www.newlifecharity.co.uk](http://www.newlifecharity.co.uk)

**Please note:** This booklet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this booklet alone for information about your child's treatment. Alder Hey Children's NHS Foundation Trust is neither liable for the contents of any external internet site listed, nor does it endorse any commercial product or service mentioned or advised on any of the sites.

This information can be made available in other languages and formats if requested.

### **Alder Hey Children's NHS Foundation Trust**

Alder Road

Liverpool

L12 2AP

**Tel:** 0151 252 5252

**Email:** [asdqueries@alderhey.nhs.uk](mailto:asdqueries@alderhey.nhs.uk)





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