

How to contact the Service

ADHD / ASD Team
Formby Clinic
Philips Lane
Formby
L37 4AY

Tel: 01704 395720

Our Webpage: <https://alderhey.nhs.uk/services/adhdasd-childrens-service>

Patient Advice and Liaison Service for Alder Hey (PALS)

Tel: 0151 252 5161

Complaints Team

Tel: 0151 252 5374

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

Alder Hey Children's NHS Foundation Trust
Eaton Road
Liverpool
L12 2AP

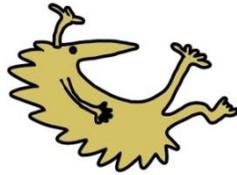
Tel: 0151 228 4811

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Review Date: September 2021

PIAG: 175



Alder Hey Children's
NHS Foundation Trust

Attention Deficit Hyperactivity Disorder (ADHD) Autistic Spectrum Disorder (ASD) Children's Service in Sefton

Information for Parents and Carers



What is Autism?

Autism is a lifelong condition that affects how people communicate and interact with others.

Autism affects people in different ways but most autistic people see, hear and experience the world differently from people without autism.

It is estimated about 1 in every 100 people in the UK is autistic. More boys and men are diagnosed with autism than girls and women, but it is now thought older girls and women may manage their condition differently and are therefore under diagnosed.

Although there is no “cure” for autism, with the right support many autistic people live fulfilled and active lives. *(NHS 2019)*

What is Attention Deficit Hyperactivity Disorder (ADHD)?

ADHD is an umbrella term which includes Attention Deficit Disorder with Hyperactivity (ADHD) and Attention Deficit Disorder (ADD). Someone with ADHD might have significant attention problems, appear restless, fidgety, over active and impulsive.

ADHD is a neuro behavioural condition which can result from a number of factors which affect how the brain functions. Studies show that ADHD may affect certain areas of the brain that allow us to solve problems, plan ahead, understand others actions, and control our impulses.

ADHD can be characterised by three areas:
Attention, Hyperactivity and Impulsivity.
(Mental Health Foundation 2019)

What our service provides

Our Specialist Nurses will offer an initial assessment and/or re-assessment after referral, to discuss the needs of the child or young person. This will either be in the home or at clinic. If a need for further intervention is identified, one of our team will support the child / young person and their family with personalised strategies. This might include behaviour management or help to improve the child’s emotional wellbeing.

Access criteria

We support children and young people up to the age of 19 years. The child or young person must have a confirmed diagnosis of ADHD or ASD which has been given by a Paediatrician or Psychiatrist, and be registered with a Sefton GP. Parents / carers are required to opt into the Service before an initial assessment is offered. Children / young people not requiring intervention from the Service are discharged, and will remain under the care of Universal Services. Once discharged, a new referral is required.

Parents / carers can access the Service again after discharge by contacting the Team by telephone, providing they have had an initial assessment by one of the Specialist Nurses.

Referral

Referrals can be made by Services who are working with the child or young person.

We will also signpost and refer to other relevant Services both statutory and voluntary, as agreed with the parent / carer / child.

Please note we are not commissioned to support school issues.