

My Eye Patch

Information for children age 5 years+

Name:

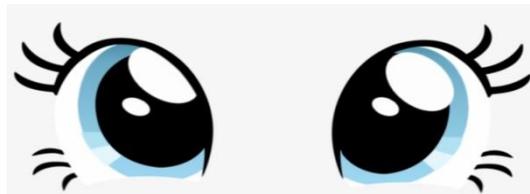
Patch to be worn over: Right Eye Left Eye

For hours per day

Introduction

Why do I need to wear a patch?

You have two eyes but sometimes one eye can see much better than the other eye. Your weaker eye will need extra help to make it stronger and help it see better.



You may need to wear glasses



You will need to make your weaker eye become stronger

You will be asked to wear a patch over your eye that can see the best. Your weaker eye will then work harder. This will help your weaker eye become strong too.

How long will I have to wear my eye patch for?

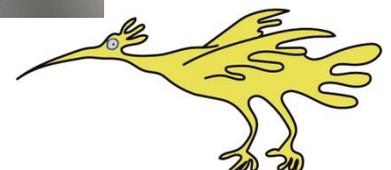
When you come to clinic to play the letter or picture games that tell us what your eyes can see, the Orthoptist will tell you if your eye is getting better and if you need to carry on with your patch treatment.

We will talk about the number of hours that you need to wear your patch each day.

You will not have to have to wear the patch forever, just until your eye gets stronger

What do patches look like?

The patches have lots of different colours and patterns on them. You can choose which one you would like to put on each day.



If you have any problems with the sticky patches you may be given a material patch that goes on your glasses. Which looks like this:



Do I have to wear my eye patch at nursery or school?

You can talk with your Mum/Dad or Carer about the best time to wear your patch. Some children like to wear their patch at nursery or school but some children like to wear their patch at home.

If you wear glasses then you must wear your glasses over your patch.

What can I do with my eye patch on?

- You can still have fun with your patch on
- You can do all the things you would normally do
- You could read a story or colour in a colouring book
- You could play on a computer or tablet
- You can do all the things you normally like doing, if an adult says it is safe to do so



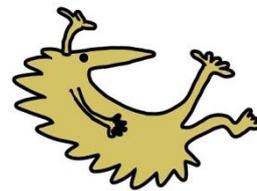
If you have any problems with your patch, your Mum, Dad or Carer can telephone the eye clinic to talk to someone that can help
Orthoptic Department, Ophthalmology (eye clinic)

Telephone: 0151 252 5215

This leaflet only gives general information. You must always discuss the individual treatment of your child with the appropriate member of staff. Do not rely on this leaflet alone for information about your child's treatment.

This information can be made available in other languages and formats if requested.

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