

# ALDER HEY MATTERS.

ISSUE #29

HAVE YOUR SAY ON OUR MATTERS. EMAIL [MEMBERSHIP@ALDERHEY.NHS.UK](mailto:MEMBERSHIP@ALDERHEY.NHS.UK)

## SUNFLOWER HOUSE IS NOW OPEN!

**CHILDREN AND YOUNG PEOPLE WITH SEVERE MENTAL HEALTH ISSUES NOW HAVE FANTASTIC NEW FACILITIES TO SUPPORT THEIR CARE AND RECOVERY AT SUNFLOWER HOUSE, THE NEW INPATIENT UNIT, NOW OPEN AT ALDER HEY.**

The urgent and growing crisis in mental health has increased demand for specialist inpatient care, as well as other mental health services. Sunflower House is for those aged 5 to 13 years old from across the North who have the most challenging mental health conditions.

Child A's\* life was saved by Alder Hey after they tried to end their life three times before eventually being diagnosed with autism and an eating disorder. Child A's mum said:

“ The new Sunflower House will be amazing and will really help so many young people and their families. It is really needed and it's great that it is next to the main Hospital. ”

Lisa Cooper, Director of Community and Mental Health Services at Alder Hey said “Sunflower House gives children and young people a secure and safe environment, and access to the very best facilities and care as soon as possible. This will support children and young people to achieve their greatest potential at a time of great crisis in their lives.”

Alder Hey Children's Charity has raised £3m towards Sunflower House, to create a homely feel and deliver state of the art treatments for the children and young people there.

See more of our new facility [here](#).

\* - patients name has remained anonymous



## INTRODUCING DANIEL CASSON, GOVERNOR FOR THE REST OF ENGLAND

**HELLO, I'M DANIEL AND HAVE BEEN A GOVERNOR AT ALDER HEY FOR FOUR YEARS AND HAVE LOVED EVERY SECOND OF MY ROLE.**

I am from Manchester and have lived in London for the past 30 years. I moved there after coming back from Egypt where I had been working as a translator/interpreter.



My brother, David, was a paediatric gastroenterologist at Alder Hey. He died in 2009 from stomach cancer when he was 45: he loved Alder Hey, and, as a Mancunian, he took Liverpool to his heart. When the opportunity came to put myself up for election as The Rest of England Governor, I jumped at the chance. I am determined to help the children and families he loved working with. He would not recognise Alder Hey in its current physical regeneration, but he would recognise the community spirit which makes this place so special.

Many parts of what we do at Alder Hey reinforce community, and I see Alder Hey as a main building block of local community. The most recent expression of this is the opening of Sunflower House, our new on site mental health unit, housed in the new community 'Catkin' building. The whole ethos of Sunflower House and the Catkin building is to create better medium and long-term outcomes for people in the community.

# LATEST NEWS

## 14TH MARCH

### LOUISE SHEPHERD TAKES ON NEW NATIONAL ROLE

We were extremely proud that our Chief Executive Louise Shepherd was appointed as the new Chair of NHS England's Children and Young People (CYP) Transformation Board. Alongside her new role, Louise will continue as Chief Executive of Alder Hey. The CYP Transformation Board was established to oversee delivery of Long-Term Plan commitments in relation to children and young people and comprises of key partners across health, care, and education.



## 14TH APRIL

### JOCKEYS AND NATIONAL CHAMPION VISIT ALDER HEY

We welcomed the Jockey Club and 2012 Grand National winner Neptune Collonges back to Alder Hey for the first time since before the pandemic. The visit brought joy to our children and young people, families, and colleagues.



## 26TH APRIL

### NATIONAL ADMINISTRATIVE PROFESSIONALS DAY

On this day, we took the time to acknowledge those professionals who, through their organisational skills, resilience and hard work help make sure Alder Hey always puts children and young people at the heart of everything we do. To celebrate, we hosted a staff brunch full of coffee, tea, cake and pastries both at Innovation Park and within the Institute in the Park.



A big thank you to all our Administrative staff and teams at Alder Hey!

## 12TH MAY

### INTERNATIONAL NURSES' DAY – OUR NURSES, OUR FUTURE

This International Nurses' Day, we took the opportunity to thank all our amazing nurses that work at Alder Hey. We appreciate the outstanding care they continue to provide for many children, young people and families that visit Alder Hey each and every day.



# UPCOMING CHARITY EVENTS 2023

## IT HAS BEEN AN EXCITING YEAR SO FAR AND THERE'S LOADS MORE COMING UP AT ALDER HEY CHILDREN'S CHARITY!

Despite the wild Welsh weather, 300 supporters including hospital staff scaled Wales's highest peak under the cover of darkness for our Snowdon at Night challenge. So far, the challenge has raised over £75K so thank you to everyone who took part or sponsored a friend.

Oli the Charity mascot has had a busy couple of months! In April, Oli completed his first ever London Marathon! Oli then also completed his annual Safari Walk

in May. Both events were incredible days that helped to raise money for the Alder Hey Children's Charity. Visit [here](#) to make sure you don't miss out on even more upcoming fabulous opportunities to support our hospital charity.

### HOEDOWN:

Looking for a night out for the grown-ups? Look no further! In June we will be flinging open the barn doors at Ten Streets Social for a Hoedown party that's not to be missed. Tickets are £40 which includes a Cowboy Cocktail, a two-course meal, DJ, live band, and line dancing. Grab your Stetsons and join us! All our upcoming events can be viewed on our website events page.

You may have spotted a recent campaign asking supporters to consider leaving a legacy to Alder Hey. We are honoured that 20 people recently signed up for a charity-funded will and pledged to leave a donation. Thank you for your heartfelt support and for being part of our Alder Hey family.

Don't forget to tag us in your photos if you're fundraising too – follow us on Instagram @alderhey\_inspired and find us tweeting at @alderheycharity #JoinUsJoinIn

Thank you again for your support and we hope your spring is full of adventures and sunshine!



PRESENTING  
**Alder Hey**  
CHILDREN'S CHARITY

# HOEDOWN

**HOEDOWN**  
**SATURDAY 17<sup>TH</sup> JUNE 2023**  
— BARN DOORS OPEN AT 6.30PM - LATE —  
COWBOY COCKTAIL ON ARRIVAL || LIP-SMACKING GRUB  
DJ & DISCO || LIVE BAND || LINE DANCING || SALOON GAMES  
£40PP - TEN STREETS SOCIAL, REGENT RD, L3 7BX

For info and tickets contact Helen on:  
☎ 0151 252 5364 ✉ [helen.hughes@alderheycharity.org](mailto:helen.hughes@alderheycharity.org)

Swing by the Charity Office!




# KIDS CORNER

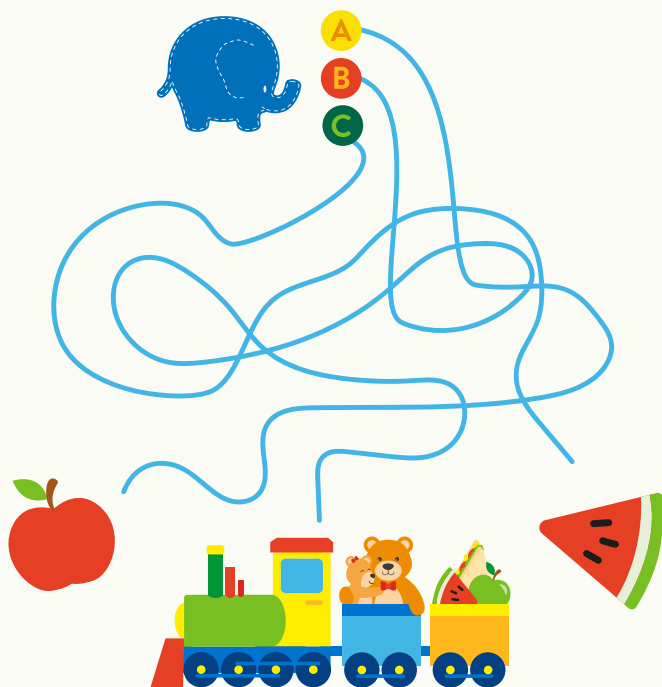
## SPOT THE DIFFERENCE!

Can you spot the 10 differences between the two pictures of the nurse and her patient?



## OLI NEEDS HELP!

Find the path that leads Oli to his train!



## OLI'S JOKES!

Why did Oli the elephant cross the road?  
It was the chicken's day off!

What do you call Oli the elephant when he is in the North Pole?  
Lost!

Oli needs help: Path B



ANSWERS